

Safeguarding Newsletter

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Tapton School
Darwin Lane
Sheffield
S10 5RG

WELCOME

to the last safeguarding newsletter of 2024. In this issue I will be sharing information about ...As always if you have any concerns about safeguarding issues in this bulletin you can contact me at Tapton School.

Kath Tabari

SHEFFIELD SAFEGUARDING HUB

If you have any worries about a child's safety during the summer holidays, you can contact the Sheffield Safeguarding Hub:

phone: 0114 273 4855 (24 hours)

email:
sheffieldsafeguardinghub@sheffield.gov.uk

CAPCUT

Have you heard of CapCut? It is owned by the same owners as TikTok and is a video editing app. CapCut state that their services are intended for those over the age of 13 and those under the age of 18 must have consent from their parent/legal guardian. It is rated as 12+ on the App store. The App store have rated it as this because of Infrequent/Mild Mature/Suggestive Themes, Infrequent/Mild Sexual Content and Nudity.

What can I do on CapCut?

CapCut is used as a video and image editing tool allowing users to edit their videos/images as well as add music, sound effects, text and stickers. CapCut includes access to a library of music that can be used within videos that may include explicit lyrics.

Premium content

CapCut does include in-app purchases/monthly subscriptions allowing users access to premium content.

Further information Protect Young Eyes have published a full review of CapCut here:

<https://protectyouneyes.com/pps/capcut-app-review/>

OPEN WATER SWIMMING

Heading to the coast or out on the water is a great way to have fun and stay active. But, if you're not careful, it's a lot easier to get into trouble in the water than you might think. Whether you're swapping the swimming pool for open water or just enjoying a quick dip, this guide from the [RNLI](#) will show you how you can stay safe and make the most of your time in the water.

Before you go

Going for a swim in cold, open water can be exhilarating, but it's not without risk. Always arrange to go with a buddy. Open water swimming is much more fun with someone else, and you can look out for each other.

Float to live

Entering water under 15°C can seriously impact your ability to breathe and move. If you get into the water too quickly or fall in unexpectedly, you may experience cold water shock. If this happens, fight your instinct to swim. Relax and float on your back until you can control your breathing and the shock passes. Then you can call for help.

When open water swimming, you might get tired. Roll on to your back to rest and hold on to something that floats, like your tow float. Then you can signal for help if needed.

BEING UNKIND ONLINE

It can be very easy online for children to behave in a way that they would not if they were face to face with each other.

Talk to your child about how they speak to others online and encourage them to talk to people online with respect and kindness, like they would if they were face-to-face. How they act online should be how they behave on the school playground when they are following school rules.

Here are some examples of what being unkind looks like online:

- Sending nasty or hurtful messages
- Leaving unkind comments
- Sharing photographs of somebody else without their permission
- Excluding somebody on purpose
- Impersonating somebody with a fake account



The above might happen whilst your child is gaming online or whilst using social media or messaging apps for example. What should I do if my child is being bullied online?

Ensure that your child understands that if they receive unkind messages or see something that worries them, they should not reply or engage in conversation with the perpetrator. Instead, they should tell a trusted adult. You can use the tools within an app to report any offensive or hurtful content as well as block people so they cannot contact them again in the future.

You could use these to help you start a conversation with your child.

<https://www.bbc.com/ownit/curations/being-kind-online>

Further information • <https://bulliesout.com/need-support/be-kind-online/> • <https://bekindonline.com/category/cyber-safety-tips/>

The 4 Cs of online safety

An important step in improving online safety is identifying what the potential risks might be. Safety risks can be placed in four areas: content, contact, conduct and commerce.

These are known as the 4 Cs of online safety.

Content: anything posted online - it might be words or it could be images and video. Children and young people may see illegal, inappropriate or harmful content when online. This includes things like pornography, fake news, racism, misogyny, self-harm, suicide, anti-Semitism, radicalisation and extremism.

Contact: is about the risk of harm young people may face when interacting with other users online. This includes things like peer-to-peer pressure or seeing inappropriate commercial advertising. Sometimes adults pose as children or young adults with the intention of grooming or exploiting a child or young person for sexual, criminal, financial or other purposes.

Conduct: means the way people behave online. Some online behaviour can increase the likelihood, or even cause, harm - for example, online bullying. Conduct also includes things like sharing or receiving nudes and semi-nude images and viewing or sending pornography.

Commerce: is about the risk from things like online gambling, inappropriate advertising, phishing or financial scams. Children and young people may be exposed to these risks directly. Schools should also consider how the risk from commerce applies to staff.

Summertime Screen Time

The Ineqe Safeguarding Group have published information on their website to help you manage your child's screentime during the summer break.

Their website includes top tips for managing screen time, activities and guides to popular apps:

[Home - Ineqe Safeguarding Group](#)