## **GCSE** Physical Education

Subject Leader: Mrs R Becks

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<b>Topics:</b> Applied anatomy and physiology. <b>Students will:</b> Develop how to analyse and evaluation own performances.Movement analysis.Develop skills, knowledge, understanding and apply practical sporting activities.	on. To develop a lifetime love of PE and physican wiledge	rocedural Knowledge
Movement analysis.       Develop skills, knowledge, understanding and apply practical sporting activities.         Physical training.       Develop skills, knowledge, understanding and apply practical sporting activities.         Use of data.       Develop understanding of how to read, plan and ar exam questions.         Develop skills in practical sports.       Link topics and build on knowledge to gain a deepe understanding theoretical content.         Sports psychology.       Socio-cultural influences.         Health, fitness and well-being.       Ink topics and build on knowledge to gain a deepe understanding theoretical content.         Komework:       Exam questions per topic.         Homework:       Exam questions per topic.         Baseline tasks and progress tasks in all lessons.       End of topic assessments.         Mock paper exams.       Practical assessments.         Coursework on analyse and evaluation on personal performance.       Link to Personal Development:         Prepare learners for future success in education, employment and training.       To work in a team and show leadership skills in both individual and team sports.         Confidence, Resilience and Knowledge: Mentally healthy, physically healthy, active lifestyle, healthy relation Know how to join a sporting club / exercise classes outside of school.         How is my knowledge developed further at Key Stage Five?		tudents will: Develop how to analyse and evaluate their
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II Students choose to study A-Level FE, they will continue to develop their knowledge of PF and sport in a		-
theoretical context. If they do not, we offer a wide range of extra -curricular clubs which 6 <sup>th</sup> form student	• •	
encouraged to take part in.		